



HIGH SCHOOL FOOTBALL COMPETITION
RULES AND REGULATIONS
(Revised September 2009)

OBJECTIVES:

- a) To promote the game of Football in every way which seems proper to the Association
- b) To foster friendly relationships among officials and players.
- c) To manage the football competition by taking such steps as shall be deemed necessary for preventing infringement of the rules or laws of the game laid down by F.I.F.A. and J.F.F.
- d) To prevent racial, religious and political discrimination among players.
- e) To provide, by regulations, the method of deciding and settling all differences which may arise.



1. All participating schools must be registered members in good standing with the J.I.S.A.
2. All players must be under 19 years after August 31 in the Academic year of the competition, and must be registered full-time day students of the institution and not be registered full time at any other institution.
3. If a player is representing a school in this competition, and he is transferred to another School during the competition, he cannot represent his new school in the competition for the rest of the Season. He is also not qualified to continue representing his old school in the competition.
4. Matches will be of eighty (80) minutes duration with a five (5) minute break at half time. Teams are asked to be punctual for their matches in order to complete the last game before nightfall.
5. Any team arriving more than fifteen (15) minutes late will forfeit the points.
6. Where there is a clash with the same colour jerseys, the home team will be required to change.
7. No team shall be able to participate in any game with less than seven (7) players. Schools seeking postponement in their fixtures must give the Organizing Secretary at least forty-eight (48) hours notice, prior to the start of the match, or forfeit the points.

Sports masters/coaches are not allowed to make postponements with their counterparts. Any school failing to comply with this rule shall be asked by the Association to pay the expenses incurred by their opponents, the referee and the linesmen.

Schools scratching two successive fixtures in any one season will have their fixtures cancelled.

The organizing body has the power to reject all notices of postponement.

8. All teams must be accompanied to the match by either the sports master, coach or another teacher so as to help in maintaining good discipline. If it so happens that there is an incident at the match, the sports masters and coaches are responsible for the safety of the referee, linesmen and players.
9. Teams must parade on the field of play ten (10) minutes before the start of each match for the proper identification of each player. The sports master/coach for that match must submit at that time, the signed match card with the names of the team member and the corresponding ID cards.
10. Teams that are not properly attired will not be allowed to play and will automatically lose the points for that match. Jerseys must be of the same colour and have defined numerals on the back.
11. Home teams are named first and must provide a number five (5) (under 19) match ball.
12. Substitution: Three players (one of which must be the Goalkeeper) will be allowed at any time during any one match.
13. Unregistered players are not allowed to represent their school. Schools will lose points.
14. The appointment of referees for all matches rest with the J.F.F. in accordance with J.I.S.A. The referee is in full control of the game and his decision is FINAL. School officials are not allowed to enter the field of play unless they are called by the referee – the school they represent can be suspended.
15. Referees are requested by J.I.S.A. to send off and report players:
 - a) if not properly attired
 - ✓ name(s) taken
 - ✓ misses next match (minimum charge)
 - b) for rough play
 - ✓ name(s) taken
 - ✓ misses two matches (charge)
 - c) for fighting
 - ✓ name(s) taken
 - ✓ four weeks suspension (charge)
 - d) for indecent language
 - ✓ name(s) taken
 - ✓ player expelled
16. Suspension from football means automatic suspension from all other sports organized by J.I.S.A.
17. If a player represents his school in this competition while on a “CHARGE “; such a school will be asked to withdraw from the competition.
18. If a player is also playing in another competition controlled by J.F.F. or its other affiliates, and is “CHARGED”; such a player automatically becomes “CHARGED” in this competition and has to serve his penalty before he can continue in this Competition.
19. Coaches are asked to run the lines of the other match on any day their teams are scheduled to play.
20. Teams are expected to display good sportsmanship on and off the field.

21. Two points will be awarded for a win and one point for a draw.
22. Any team using an unregistered player will be disqualified.
23. Failure to comply with the rules in any way will result in disqualification.
24. Players sent off will face the Disciplinary Committee.
25. When a player is sent off, he automatically misses the next match. No substitute is allowed when a player is sent off by the referee. (All suspensions are handled by J.I.S.A.). Any registered player of a team who is found guilty of abusing the referee, linesmen or opposing school—before, during or after a match, will face the Disciplinary Committee. It, therefore, follows that, if a registered player who did not participate in a particular match, was reported for abusing officials in relationship to a particular match, he will be tried by the Disciplinary Committee. Any school official who abuses the referee and linesmen, is subject to questioning by the Executive Committee.
26. Complaints of misconduct lodged against players, spectators, and / or super visors representing your school, may cause your team to lose points and/or may lead to disqualification from the competition.
27. Teams seeking postponement of their fixtures must contact the Chairman of the Sports Committee not less than forty-eight (48) hours of that match or forfeit the points. **NOTE:** No two teams are allowed to make their own arrangements for postponements. The Organizing Body reserves the decision to reject all notices of postponement.
28. Schools that fail to honour their fixtures, particularly against a rural school, will in addition to forfeiting the points, be required to pay the travelling expenses incurred by the team, as well as match fee. Such schools will also face further disciplinary actions.
29. The winning school is responsible for engraving and the safe-keeping of the Trophy for one year, after which it is returned to the Organizing Body for Competition. If the trophy is damaged or stolen, the School is responsible for its replacement. The Organizing Body has the power to ask the winning school to return the Trophy before one year is completed.
30. At the end of the preliminary rounds, where two teams have equal points, the team with the better goal average will go through.

SEMI FINALS AND FINALS

31. In the event of a draw, after regular time, during the semi-finals and the final rounds, extra time and penalty kicks (if necessary) will determine the winner.

KNOCK OUT COMPETITION

32. The first two (2) teams in each Zone at the end of the league matches will enter the knock-out competition.
33. If for any reason a school withdraws from the competition, all matches already decided shall be cancelled.
34. There will be NO REFUND OF FEES after the fixtures have been issued, irrespective of the way in which a team ceases participation.
35. All legitimate protests should be addressed in writing to the Chairman of the JISA Sports Committee.